DASMESH NURSERY SCHOOL

CHAK ALLA BAKSH, MUKERIAN-144211



PLANNER

Class : **Pre-Kinder Garten**

Session : 2026-2027

Class : Pre-Kinder Garten
Session : 2026-27

Aim of the Curriculum

To provide a joyful, safe, and stimulating learning environment that supports the overall growth of children through play-way methods, hands-on experiences, songs, stories, and interactive activities.

1. Language Development

Learning Outcomes:

- Develop listening and speaking skills.
- Build basic vocabulary.
- Recognize letters A–H through visuals and phonics.
- Identify common objects and pictures.
- Learn simple action words and body parts.
- Enjoy rhymes, stories, and conversations.



Activities:

- Alphabet flashcards with colourful pictures
- Picture talk and object identification
- Storytelling with puppets/books
- Rhymes with actions
- Show and tell activities
- Greeting practice (Hello, Bye, Thank you)



2. Cognitive Development

Learning Outcomes:

- Recognize colours, shapes, and numbers (1–10).
- Develop matching, sorting, and counting skills.
- Improve observation and memory.
- Understand basic comparisons (big/small, same/different).

Activities:

- Number matching games
- Shape sorting and tracing
- Counting with blocks, beads, toys
- Puzzle solving
- Sorting by colour/size
- Memory card games





3. Physical Development

A. Fine Motor Skills

Learning Outcomes:

- Strengthen hand muscles.
- Improve finger grip and coordination.
- Develop pre-writing readiness skills.

Activities:

- Colouring and scribbling
- Paper tearing and pasting
- Clay/play dough activities
- Bead threading
- Opening and closing containers
- Sponge squeezing
- Water/bean transferring activities

B. Gross Motor Skills

Learning Outcomes:

- Improve balance, coordination, and body movement.
- Develop confidence in movement.

Activities:

- Running, jumping, hopping
- Obstacle course
- Ball throwing and catching
- Ring games
- Freeze dance
- Hunt games



"Education is not the filling of a pail, but the lighting of a fire."
William Butler Yeats

4. Social & Emotional Development

Learning Outcomes:

- Learn sharing and turn-taking.
- Express feelings confidently.
- Build friendships and classroom manners.
- Follow routines independently.



Activities:

- Circle time discussions
- Group play activities
- Birthday and festival celebrations
- Role play (market, family, doctor etc.)
- Emotion cards (happy, sad, angry, excited)
- Washing hands and self-help habits



"A book is a gift you can open again and again."
Garrison Keillor

5. Environmental Awareness

Learning Outcomes:

- Understand surroundings and nature.
- Recognize weather changes.
- Identify family members.
- Learn healthy habits.

Activities:

- Nature walks
- Weatherboard (sunny, rainy, cloudy)
- Family photo talk
- Plant watering
- Hygiene demonstrations



There is no substitute for hardwork
.....Thomas Edison

6. Creative Development



Learning Outcomes:

- Express ideas through art, music, and movement
- Explore colours, textures, and sounds.
- Build imagination and confidence.

Activities:



- Finger painting
- Hand printing
- Craft using paper tearing and sticking
- Doodling and free drawing
- Music and dance
- Action songs

7. Rhymes & Music Time

Rhymes English

- Good Morning
- One, Two
- Baa Baa Black Sheep
- Red Light
- Twinkle Twinkle Little Star

Rhymes Hindi

- Machli Jal Ki Rani Hai
- Lakdi Ki Kathi
- Nani Teri Morni
- Chanda Mama





8. Assessment Method

Assessment will be observation-based and continuous through:

- Participation in class activities
- Communication skills
- Social interaction
- Motor skill development
- Recognition and response skills



Teaching Methodology

- Play-way Method
- Activity-Based Learning
- Storytelling Method
- Audio-Visual Aids
- Learning by Doing

Monthly Themes

- My Family
- Colours Around Me
- Fruits & Vegetables
- Animals & Birds
- Seasons & Weather
- Good Habits